

Boil Them Cabbage Down, 7 Steps of Improv.

Melody

A D A E7

A D A E7 A

1) Improvise Rhythms on the Chord Roots

I IV I V7

I IV I V7 I

2) Sing then Play each Resolution (Out of Time, No Rhythm)

I IV I V7 1) I IV I V7 2) I IV I V7 3) I IV I V7 4) I IV I V7

Do Do Do Ti Do Do Do Re Mi Fa Mi Fa Sol La Sol Sol

3) Harmonic Rhythm - Sing each part from the Resolutions IN TIME with the chord changes

4) Rhythm Patterns and Resolutions - improvise rhythm patterns on the Resolutions.

a) Do and Ti b) Do and Re c) Mi and Fa d) Sol and La

5) Macrobeat Patterns - Sing then play 2 note Melodic patterns over each chord.

6) Improvise using Tonal patterns and Rhythmic patterns over the harmonic progression

7) Improvise Tonal patterns and Rhythmic patterns over the harmonic progression and add embellishments

a) Passing tones b) Neighboring tones c) Mordent d) Slides e) Sequences

I IV I V7 I IV I V7 I